



Senior Connections

A note from the Director

Thankful!

During this time of year, many of us celebrate holidays, we have historic traditions and we develop new traditions. We invite you to join us as we have a sparkling season ahead of us. During November, we have wonderful traditional events here at the center, our traditional Thanksgiving luncheon. We will be enjoying the outing to the Sanborn School to enjoy a concert.

I am thankful for the opportunity to serve you as the director. I have truly enjoyed the my first few months here. I am thankful for you being patient with me as we attempted lunch in the four seasons room, but we subsequently moved it back to the cafeteria– thank you for bearing with me .



I am so thankful for the dedicated Senior Connections staff Linda, Sharon and Kristine, our intern Flescania and **ALL our volunteers– you are so important.** Each and every day they come in dedicated to working hard for your loved ones. I am grateful to all of our caregivers who so lovingly care for our clients.

Wishing you a heartfelt Thanksgiving.

Inside this issue

Groups	2
Monthly Events.....	2
Legacy matters	3
Call outs	3
New Members	4

Special points of interest

- Check out legacy matters
- Special outing this month
- FREE trial day for new people

- Monthly Inserts:
- Calendar
- Permission slip for outing

Contact

Director

Annmary I. Connor, LICSW

Staff

Linda Lambert

Nurse

Sharon Thomson, RN

Outreach

Kristine Arakelian, LCSW

Intern

Flescania Piverger

Support Groups

Parkinson's Support Group,

Nov. 10, 1:30-3 p.m.

Facilitated by Kristine Arakelian, LCSW

Monthly Caregiving Support Group: Third Wednesday of the month 9:30am. First one to be held November 10th

The Andover Elder Services is pleased to announce a FREE caregiver support group for all Andover residents and those attending Senior Connections.

This group will be facilitated by Annmary I. Connor, LICSW and Flescania Piverger, BSW Intern. We ask that you RSVP to Annmary Connor voicemail at 978-623-8321.

Pain Management Support Group: Nov 14th 1:30pm

Facilitated by Gerry Rainville, RN, MSN

“Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom.” Marcel Proust

Reminder

Rates are \$40 full-day/
\$31 half-day for
Andover residents; and
\$42 full-day/\$33 half-
day for non-residents.

Important :

We are closed :

Nov 8th– Election Day

**Nov 11th– Veterans
Day**

Monthly Special Events

- Mon Nov 14th, 9:30, Residential Lock box program presented by Andover Fire Department Chief Mansfield.
- Tue Nov. 15, 4-7 p.m. : Community Flu Clinic – no appt. necessary
- Wed Nov 16th, Noon, Thanksgiving luncheon , followed by theater performance at 1:30pm. This is a fun, more formal luncheon.
- Fri Nov 19th, 11:30am, New Monthly Birthday party
- Fri Nov 19th, Harvest bag delivery. Call for more information.
- Tue Nov 22nd, 9:00am Harvest Festival performance with the Sunrise Singers at the Sanborn School. **Please arrive by 9am for transportation.**

**Save the Date: Annual Christmas Craft Fair Saturday
December 3rd: 9am-3pm**



*Friendship.... Always a good time..
A day at the beach!*

New Activities

Our wonderful Senior Connections staff, (Linda) volunteers and interns have some great new programming they have been incorporating.

- Weekly there is a cooking class on Monday, applesauce, pudding and much more.
- Walk the gym at the Cormier Youth Center is Tue/Thur from 9-10:30– for those of you who might like this, we will incorporate this into your day.
- Holiday gathering preparation. Decorating, making cutlery wraps....
- Exercise.. Walking and enjoying the patio on warmer days

Keep an eye for some fun new initiatives. Need help raking leaves or snow shoveling pathways? You may qualify for this support through our new intergenerational program.

Call outs

Reminder: If your loved one is sick , please do not send them in as we do not want to infect other seniors. If you loved one shows symptoms while here, we will contact you to come and gather them so they may go home and rest, as well as not infect others. Thank you .

When Andover public schools are closed for snow– Senior Connections is closed

When calling out please call 978-623-8321.

During the month of November we are migrating over to a new phone system, eventually our new phone number will be 978-623-8320, however 978-623-8321 will continue to work.

Andover Elder Services

- ⇒ Reminder of
November dates
- ⇒ Closed on Election
day Nov 8th
- ⇒ Closed Veterans
day Nov 11th
- ⇒ **Open on Friday
November 25th All
day**

Senior Connections ..Growing together

We invite new interested individuals and families to take advantage of our FREE trial Day for Senior Connections. This is open to all NEW people who are considering services from our engaging program.

A full intake packet must be done prior to the start of the FREE trial day.

Senior Connections accepts private pay and is part of the Elder Services of the Merrimack Valley contract.

We are open Monday-Friday 8am to 4pm and invite you to stop by for a tour. You may also schedule a tour in advance by calling and asking for Linda, Kristine or Annmary.

Thank you Stop and Shop for your support this month.

Andover Elder Services

30 Whittier Court
Andover, Ma 01810

Phone: 978-623-8321

Fax: 978-623-8377

E-mail:

annmary.connor@andoverma.us

PLEASE
PLACE
STAMP
HERE

