



# Senior Connections

## New Director

Greetings!

I would like to introduce myself as the new Elder Services Director. I am Annmary Connor, LICSW– I started working on September 6,2016. I was previously the director in Amesbury for their Council on Aging– where I developed and oversaw a vibrant supportive day program. I am thrilled to be part of the Andover Community and working with you and your loved ones.

I received my undergraduate degree from Fitchburg State College and my Master’s degree in Social Work at New Mexico State University. I welcome you to stop by if I have not already met you.

## New Student Intern

We would like to welcome our student intern from Salem State University. Flescania Piverger is currently receiving her bachelors degree in social work. She is joining Senior Connection three days per week. She will be reaching out to you throughout the year to check in and see if there are any other supports you may need or like to see us initiate.

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### Special points of interest

- Check out legacy matters
- Special outing this month
- FREE trial day for new people
- Meet the director
- Monthly Inserts:
- Calendar
- Permission slip for outing

## Contact

### Director

Annmary I. Connor, LICSW

### Staff

Linda Lambert

Kathleen Gaunt

### Nurse

Sharon Thomson, RN

### Outreach

Kristine Arakelian, LCSW

### Intern

Flescania Piverger

## Support Groups

### Parkinson's Support Group,

Oct. 13, 1:30-3 p.m. Beth Cevetello, MHA, RN, CGN, Clinical Nurse Educator, Ashfield Healthcare, LLC, "A General Discussion on Parkinson's Disease and Medication Management"

### Monthly Caregiving Support Group: Third Wednesday of the month 9:30am. First one to be held October 19th

The Andover Elder Services is pleased to announce a FREE

caregiver support group for to all Andover residents and those attending Senior Connections. This support group is a means to aid caregivers in having a safe environment to help them with self care. This group will be facilitated by Annmary I. Connor, LICSW and Flescania Piverger, BSW Intern. We ask that you RSVP to Annmary Connor voicemail at 978-623-8321.

*" Help others go beyond where you have been" -Buzz Aldrin*

## Reminder

September Rate Increase:

As of September 1, 2016, rates will be increased to \$40 full-day/\$31 half-day for Andover residents; and \$42 full-day/\$33 half-day for non-residents.

**Important : We are closed Columbus day! October 10th!**

## Monthly Special Events

- Flu Shot Clinics – High Dose Flu Clinic, Tues, Oct. 4, & Thu, Oct 6, both 9 a.m. – 12 p.m. (we can help facilitate your loved one getting over to this clinic) held at Youth Center : appts. Only : -call Health Dept: 978-623-8295 to schedule appt.
- Community Flu Clinic – Tue., Nov. 15, 4-7 p.m. : -no appt. necessary
- October 5th 11am: Meet the new director– come and visit with the new director.
- October 7th at 10:30am: Essex County Sheriff's Dept., K-9 Demonstration of this instrumental law enforcement tool. Hear how the K-9 community works for our senior population
- Oct 7th Friday , Luncheon Out—China Blossom : -Friday clients only , \$22 cash only please. -must respond by Monday, Oct.3rd



*Legacy Matters program Spring 2016*

## Legacy Matters

A partnership with Wood Hill Middle School 7th grade students called, Legacy Matters – location is at The Center at Punchard.

Dust off those photographs and memories. Ensure that your precious stories are told now, and forever – for your children, their children, and our entire community.

Capture your meaningful adventures through interviews with students who will learn as well as share their knowledge using multimedia technology and research about key events in your life.

Create your legacy story as it emerges from your work together – crafted with journals, storytelling, poetry, taped stories, photo collages, music, and more. Imagine the photo book, videotape, written story and more you will create to make your memories last forever!

**Program Starts Wednesday October 26th.**

## Call outs

Reminder: Calling in  
Absent: Please do not call the Information Line if you will not be attending the program that day. Please don't forget to also leave a message about canceling your transportation. To be sure we receive your message and connect with you, call 978-623-8321. We appreciate you calling as early as possible so we can change our meals and transportation plans.

**When Andover public schools are closed for snow– we are closed**

Andover Elder Services

- ⇒ Reminder of  
November dates
- ⇒ Closed on election  
day Nov 8th
- ⇒ Closed Veterans  
day Nov 11th
- ⇒ Open on Friday  
November 25th All  
day

## Senior Connections ..Growing together

We invite new interested individuals and families to take advantage of our FREE trial Day for Senior Connections. This is open to all NEW people who are considering services from our engaging program.

A full intake packet must be done prior to the start of the FREE trial day.

Senior Connections accepts private pay and is part of the Elder Services of the Merrimack Valley contract.

We are open Monday-Friday 8am to 4pm and invite you to stop by for a tour. You may also schedule a tour in advance by calling and asking for Linda, Kristine or Annmary.

Andover Elder Services

30 Whittier Court  
Andover, Ma 01810

Phone: 978-623-8321

Fax: 978-623-8377

E-mail:

[annmary.connor@andoverma.gov](mailto:annmary.connor@andoverma.gov)

PLEASE  
PLACE  
STAMP  
HERE

