

# May 2017 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Shepherd's Pie Mashed Potato Mixed Vegetables Mandarin Orange	<b>2</b> Chicken Parm Sandwich Pasta Salad, Cole Slaw Chips Apple Crisp	<b>3</b> Roast Turkey Sweet Potato Peas and Pearl Onions Cantaloupe	<b>4</b> Chef Salad (Salad Greens, Cukes, Tomato, Ham, Roast Beef, Turkey, Egg, Cheese) Fresh Apple	<b>5</b> Chicken Stir Fry Over White Rice Bread Pudding
<b>8</b> Swedish Meatballs over Egg Noodles Green Beans Diced Pears	<b>9</b> Baked Chicken Rice Pilaf Butternut Squash Canned Pineapple	<b>10</b> Pot Roast Twice Baked Potato Broccoli Honeydew Melon	<b>11</b> Chicken Cordon Bleu Roasted Garlic Potato Corn Peach Melba	<b>12</b> Birthday Luncheon Baked Ziti w/ Hamburg & Ricotta Caesar Salad Upside Down Pineapple Cake
<b>15</b> Beef Stew Mashed Potato Julienne Vegetables Fresh Orange	<b>16</b> No Congregate Lunch Health Fair with Grab & Go Lunch	<b>17</b> Cookout Shrimp Roll Red Bliss Potato Salad Cole Slaw Watermelon Cookie	<b>18</b> Chicken Stew Whipped Red Bliss Potato Apricots	<b>19</b> Spinach Pie Wild Rice Strawberry Parfait
<b>22</b> American Chop Suey Caesar Salad Rice Pudding	<b>23</b> Stuffed Chicken Mashed Sweet Potato Cauliflower w/ Red Peppers Cranberry Sauce Chocolate Pudding	<b>24</b> Meatloaf Red Bliss Mashed Potato Glazed Carrots Fresh Strawberries	<b>25</b> Chicken Pot Pie Scalloped Potatoes Brussel Sprouts Canned Mixed Fruit	<b>26</b> Baked Fish Baked Potato Mixed Vegetables Fresh Banana
<b>29</b> <b>CLOSED</b> <b>MEMORIAL DAY</b>	<b>30</b> Chicken Pesto w/ Mozzarella Roasted Red Bliss Potato Brussel Sprouts Cookie	<b>31</b> Mac & Cheese w/ low sodium Hot Dog Side Salad Sliced Strawberries		<b>Menu Subject to                      Change Without Notice</b>

Fruit is available as a dessert alternative. Please ask the nutrition program staff for assistance. Whole Grain Bread, butter and milk served daily by Elder Services of the Merrimack Valley, Inc.

**LUNCH REGISTRATION:** Phone reservations will be taken until 2:00 p.m. the day before you wish to come. Better yet, make your reservations on the touch screen in the lobby. Need help with that, just ask the greeter. When your table is called up for lunch, place your envelope in the box on the counter with your lunch donation. **The suggested donation is \$2.50.** Call 978-623-8321 for more info.