

# March 2017 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu Subject to Change Without Notice</b>		<b>1</b> Chicken Cordon Bleu Whipped Red Bliss Potato Corn Fresh Apple	<b>2</b> Stuffed Pork Roast Rice Pilaf Broccoli Diced Pears	<b>3</b> Tuna Casserole Asparagus Garlic Bread Jello
<b>6</b> Meatball Sub w/ Mozzarella Cheese Cole Slaw Pasta Salad Strawberry Parfait	<b>7</b> Chicken Broccoli Ziti Basil Carrots Mandarin Orange	<b>8</b> Ham & Cheese Sandwich & Chicken Noodle Soup Fresh Honeydew Melon	<b>9</b> Stuffed Peppers Sweet Potato Brussel Sprouts Vanilla Pudding	<b>10</b> Baked Fish Baked Potato Green Beans Banana Cookie
<b>13</b> Chicken Pesto Garlic Roasted Red Bliss Potatoes Green Beans Brownie	<b>14</b> Pot Roast Sweet Potato Carrots Canned Pineapple	<b>15</b> Cheese Pizza Caesar Salad Chips Peach Melba	<b>16</b> Chef Salad (salad greens w/ cukes, onion, tomato, egg, turkey, ham, roast beef) Orange	<b>17</b> Birthday Luncheon  Spinach Pie Wild Rice Fresh Strawberries Birthday Cake
<b>20</b> Chicken Pot Pie Red Bliss Whipped Potato Garden Salad Orange Cake	<b>21</b> Stuffed Cabbage Greek Salad Steamed Red Bliss Potato Chilled Pears	<b>22</b> Garden Salad w/ Tuna Onion Soup Fresh Apple	<b>23</b> Roast Turkey Whipped Red Bliss Potato Peas & Pearled Onions Strawberry Shortcake	<b>24</b> St. Patrick's Day Lucheon  No congregate
<b>27</b> Baked Ziti w/ Hamburger and Ricotta Cheese Cantaloupe	<b>28</b> Chicken Marsala Penne Pasta Asian Blend Veggies Whole Fruit	<b>29</b> Meatloaf Red Bliss Whipped Potato Glazed Carrots Slice Apples	<b>30</b> Garden Salad w/ Chicken Salad Apple Crisp	<b>31</b> Lemon Pepper Scrod Roasted Red Bliss Potato Julienne Vegetables Sliced Apricots

Fruit is available as a dessert alternative. Please ask the nutrition program staff for assistance. Whole Grain Bread, butter and milk served daily by Elder Services of the Merrimack Valley, Inc.

**LUNCH REGISTRATION:** Phone reservations will be taken until 2:00 p.m. the day before you wish to come. Better yet, make your reservations on the touch screen in the lobby. Need help with that, just ask the greeter. When your table is called up for lunch, place your envelope in the box on the counter with your lunch donation. **The suggested donation is \$2.50.** Call 978-623-8321 for more info.